

The Zone

FEBRUARY 2022

A School Based Youth Services Program at Orange Prep Academy 400 Central Ave., Orange, NJ 07050. For More Information, please call: 973-518-3006 Family Connections, Inc. **Funded by:** Department of Children and Families / DFCP

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Program Hours: Monday-Friday 9:00AM-5:00PM *Early and late hours are available by appointment</p> <p>Individual Counseling: Drop-In or By Appointment</p> <p>Family Counseling: By Appointment</p> <p>Weekly Recreation Schedule: Monday, Wednesday, Friday Lunch Recreation</p> <p>After School Programming Monday-Friday</p>			1	2	3	4	5
			OTARY with Mr. Nick (3:15-4:00 p.m.)		Girls Empowerment Lunch Group	Staff Appreciation Lunch (12:00-2:00PM)	
			Open Recreation (4:00-5:00 p.m.)	Open Recreation (3:15-5:00 p.m.)	Open Recreation (3:15-5:00 p.m.)	Open Recreation (3:15-5:00 p.m.)	
	6	7	8	9	10	11	12
		Breakfast with The Zone (8:00 a.m.)	Taco Tuesday with The Space (3:15-5:00 p.m.)	12:30 Dismissal	Listening Circle (3:15-3:45 p.m.)	Entertainment Lunch	Be Mine Valentine Decorating Event (3:15-5:00 p.m.)
		Entertainment Lunch		Anime Day (afterschool)	Spectrum Group (3:45-5:00 p.m.)		
		Homework Group (3:30 – 5:00 p.m.)					
		13	14	15	16	17	18
		Entertainment Lunch	OTARY with Mr. Nick (3:15-4:00 p.m.)	Community Liaison Board Meeting (12:00 – 1:00 p.m.) Virtual	Girls Empowerment Lunch Group	Open Recreation (3:15-5:00 p.m.)	
		Love Means: Teen Dating Violence Awareness Event (3:15-5:00 p.m.)	Open Recreation (4:00-5:00 p.m.)	Caregiver/Parent Support Group (6:00-7:00 p.m.)	Taboo Tournament (3:15-4:15 p.m.)		
	20	21	22	23	24	25	26
		Program Closed	Urban Air Field Trip (12:00 p.m.)	SOPAC Field Trip (12:00 p.m.)			
		School Closed	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	
	27	28					
		Black History Month Dinner and Movie Event (3:15-5:00 p.m.)					

Updates & information can be found on Remind: Class code- @7df929
Parent Remind: Code – @d6d7hdf
Código de Remind para encontrar información sobre Creadores de Sueños: @e4e8gg



Entertainment Lunch Group: This is a recreation group during lunch periods. Students gather to watch a television show and engage in an open discussion afterwards.

Girls Empowerment Lunch Group: This is an empowerment group for students that identify as female. This group will run during each lunch period with Ms. Kimbrough.

Homework Group: This is an afterschool group where students will have the chance to work on their homework at The Zone.

Taco Tuesday: This is a monthly event in collaboration with The Space program at Orange High School. OPA students will be able to engage in recreational activities and have a meal with OHS students.

Be Mine Valentine Decorating Event- This is a recreational event for OPA students. They will have the opportunity to decorate different items for Valentines Day.

Love Means: Teen Dating Violence Awareness Event – This is a psychoeducational event for OPA students to learn and obtain resources about prevention techniques for Teen Dating Violence Awareness Month.

Community Liaison Board Meeting: This is a meeting for all school-based stakeholders; staff, students, parents, and community providers. Program reporting will be provided during the meeting.

Listening Circle: This is a psycho-education group that provides students with a chance to discuss stressors.

Spectrum Group: This is a gay/straight alliance group focused on support and allyship.

Anime Day: This is an event where students will be able to enjoy an anime movie afterschool.

Staff Appreciate Luncheon: This is an event to show appreciation for all OPA staff. Lunch will be served.

Caregiver/Parent Support Group: This is an open, support group for parents who have children at Orange Preparatory Academy. The group will provide parents/caregivers with support and resources.

Outreach to at Risk Youth (OTARY): Mr. Nicholas Cousar is the coordinator of the OTARY program at Family Connections and will be discussing prevention and life skills with OPA students.

Taboo Tournament: This is a recreational event to build rapport between school faculty and OPA students.

Black History Month Dinner and Movie: This is an event to provide recognize black history month and provide education to students about black history month. Dinner will be provided.

Urban Air Trampoline Park Field Trip: Students from OPA are able to attend our field trip to Urban Air Trampoline Park in Hackensack, NJ. This is a collaboration with The Space Program at Orange High School. Students must have a permission slip completed to attend.

South Orange Performing Arts Center Movie Theater: Students from OPA are able to attend our field trip to SOPAC theater. This is a collaboration with The Space Program at Orange High School. Students must have a permission slip completed to attend.

Breakfast with The Zone: This is an open event for OPA students to gather at The Zone, enjoy a breakfast meal, and practice mindfulness and relaxation techniques before class. First 15 students to come will be served.

Open Recreation: Students from OPA are welcomed to The Zone to engage in various recreational activities.